

Getting in touch

Phone: 020 8892 8483. If we can't take your call, please leave a message and we will call you back within 24 hours.

In person: Visit our Centre, phone to make an appointment or use the link from our website to **contact us:** www.crosswaypregnancy.org.uk

Alternatively, you can find your local centre on the CareConfidential website (a national network of centres such as ours) at www.CareConfidential.com or even chat with an on-line advisor if you prefer.

How to find us

Address: The Crossway,
306 Richmond Road,
Twickenham, TW1 2PD.

Directions: Rail: a short walk from St Margaret's rail station or 15–20 minutes walk from Richmond station
Bus: buses 33, 490, H22, R70, R68, from Richmond or Twickenham stop outside The Crossway. H37 from Hounslow stops outside Poplar Court on St Margaret's Road. We are in The Crossway building beside St Stephen's Church – entrance is via a small gate, which has a sign for the Centre.



Having a baby?



Need a friend?

Free, confidential befriending during pregnancy

www.crosswaypregnancy.org.uk

Phone: 020 8892 8483

Text: 07776 482350



Childbirth terrifies me...

I feel completely alone
- how will I cope?

I am confused. I need
someone just to listen
to me...

Is there life after baby?
I don't know where to start.

Who do I listen to? Everyone
is saying different things.

We understand that this can be a scary and daunting time. We know that any concern you have, no matter how small you may think it, is important. Everyone is different and we will aim to give you the help and support that you need.

- Our befrienders can meet with you regularly to listen and support you.
- We can help you to find your way through the maze of information that comes with being pregnant.
- We can help you to cope with practical problems that come with having a baby
- We can help you find the right services to support you.

“ After I made the right decision for me, I was given the option of support through the befriending scheme and that helped me to feel positive about the choice I had made to keep the baby.”